



South Dakota

# A GREAT OPPORTUNITY..... FOR PROFESSIONAL DEVELOPMENT

## Register now!

Saturday, September 28, 2019

### South Dakota Dental Hygienists' Association

Presents

*It's your body calling.....*

*Life is a breeze except when  
you're dry as a bone*

*Navigating the landscaping maze*

*Fabulous raffle!*

Crown Seating Modified English  
QAC Saddle - Value \$875

Tickets: one for \$10 / Three for \$25

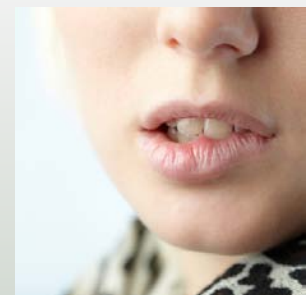
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#### ANNE'S UNIQUE PROGRAMS.....

view dentistry through a different lens. Anne is passionate about creating an environment that promotes exciting careers for dental professionals. Always curious, always questioning, her unique approach has created a revolution in how we think about ourselves professionally.

- Cutting edge information
- Interactive and fun
- Fabulous raffles
- Wonderful door prizes
- Exciting networking



***It's your body calling....."Hello. Remember me?"***

*I'm your primary working tool. These aches and pains are getting to me.....Why are you ignoring me?" - 1 CEU*

Clinicians often ignore the warning signs, thinking they'll never get sidelined with an injury, but aches and pains are signals that something is wrong. Listen to your body now! Learn how to reduce injury risks and sustain your career.

- ▶ understand the risk for developing a musculoskeletal disorder
- ▶ reduce postural challenges through magnification / illumination systems
- ▶ identify benefits of sit/stand seating options
- ▶ appreciate advances in glove fit

***Life is a breeze....except when you're dry as a bone - 2 CEU***

Dry mouth syndrome is an increasing problem in all age groups, from children to young adults to seniors and it is complicated. Clinicians need to understand that feeling dry (xerostomia) is not necessarily the same as being dry (hyposalivation).

Today's patients have complex lifestyles, compromising personal habits and diverse medical conditions, each of which can contribute to dry mouth issues. Living with a dry mouth, day in and day out, is a quality-of-life issue that affects dietary intake, speech, oral health, and self-esteem. This course explores factors contributing to today's increasing epidemic of dry mouth and ways to help patients cope with oral discomfort.

- ▶ appreciate the components of healthy saliva
- ▶ understand risk - caries, erosion, dentinal hypersensitivity, periodontal disease, candidiasis
- ▶ learn multiple strategies to improve salivary flow and enhance saliva quality

*This South Dakota DHA is graciously sponsored by educational grants from*



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## ***Navigating the temping maze***

An increasing number of dental hygienists now work in temporary positions rather than permanent employment settings. Temping has always been an option for new graduates. An increasing number of hygienists now earn income as a temp when family obligations shift, they relocate to a new community, when long-term employer retires, or a new boss changes the practice dynamics.

Working as a temporary presents the hygienist with a whole different set of options and challenges. Every practice is different, and every day is different. Some hygienists love the freedom of temping and others dread the unknown. Temping can provide great learning experiences and can be a wonderful networking platform. It is a great way to hone your healthcare provider philosophy and exercise your professional flexibility. Attendees will be armed with strategies that minimize the bumps in the road and maximize the unique benefits of not being tied to the same routine every day. Leave with your own practical, strategic roadmap for temping success!

- ▶ compare seven different ways to get booked
- ▶ learn foolproof ways to keep a temporary assignment drama-free
- ▶ discover what to bring on the first day
- ▶ create your unique temping survival kit
- ▶ develop your unique practice style
- ▶ figure out how to be the star temp
- ▶ understand how to get paid fairly and correctly
- ▶ recognize the benefits and downsides of doing temp work



Anne Nugent Guignon, RDH, MPH, CSP is internationally recognized for her numerous contributions to dental hygiene and dentistry over the last four decades. She is a practicing clinician, columnist, feature writer and Senior Consulting Editor for RDH Magazine and has authored textbook chapters on ergonomics and power driven scaling. Anne has been involved in the development and testing for a wide range of clinical products and equipment. She holds an adjunct faculty position at the University of Texas

Dental School and was honored as the 2004 Philips RDH Mentor of the Year, received the 2009 ADHA Colgate Irene Newman Award, recognized in 2012 as one of the Top 25 Women in Dentistry by Dental Products Report, received the 2016 RDH Magazine Reader's Choice Most Effective Educator Award and nominated for the 2013 CNN Home Town Heroes Award. In 2015 Anne was awarded the National Speakers Association Certified Speaking Professional Credential, the highest earned designation for professional speakers.